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‘IDOL’: WERE LOPEZ AND TYLER FIRED? {page 08}

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BOSTON
Tuesday, July 17, 2012

SOMEBODY’S WATCHING YOU

- MBTA will add a ‘significant’ amount of surveillance cameras across the system
- Security official says agency has seen huge success solving crime with eyes in the sky
- Park Street and Downtown Crossing the latest to add Big Brother {page 02}

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In the news

5

The number of MBTA parking facilities that will offer credit and debit card payment options by the end of August. Wonderland, Route 128, Alewife, Quincy Adams and Braintree stations will all be equipped with digital "pay on foot" and "pay in lane" machines, a T spokesman said yesterday.

METRO

Today's local tweet

"If you ever want to get pumped up and angry before the gym, I suggest you use the #mbta to get there"

@STEVEJONATHAN, WHO WAS CONSTRUCTIVE WITH HIS T FRUSTRATION

DOT workers save fawn

BRAINTREE. A fawn was released back into the wild yesterday just five hours after MassDOT highway workers found her stranded in the carpool lane on I-93.

The deer was spotted when workers opened the HOV lane on the expressway just after 5 a.m. and found the baby deer stranded inside.

Workers brought the animal into a utility vehicle and cooled her off with the air conditioning.

The fawn was safely released back into the wild around 10 a.m., according to a MassDOT spokeswoman. METRO

▶ Fawned over by MassDOT

T police seek assault suspect

BOSTON. MBTA police yesterday asked for help to identify two men allegedly involved in an assault at Forest Hills station about a month ago.

Police said that on June 16, a 55-year-old man was punched above his right eye and knocked out after a 22-year-old Hispanic man said he was going to "steal his girlfriend."

Police said the suspect then fled the station through the lower bus way toward Washington Street.

The suspect was with another man, who police described as 20-year-old white male. METRO

Big Brother helps fight MBTA crime

MBTA officials are amping up installation of security cameras ◗ Transit police say added eyes help with investigations ◗ 15 projects underway

They are subtle, so it's easy to forget they are even there, but Boston's public transportation system is monitored by thousands of cameras.

But don't worry — they are not meant to catch you blowing your nose or adjusting your zipper. These cameras are aimed at keeping riders safe, which is why MBTA officials are kicking up the effort to add more to the pack.

Over the next two to three years, officials said the T will install a "significant" amount of surveillance cameras throughout the system to help fight crime, deter vandals and solve fire and accident investigations.

"We've seen some very good success with the cameras since they first began to come online," said MBTA Director of Security Initiatives Randy Clarke, who is heading up the camera expansion.

Quoted

"Very rarely do we receive negative feedback from the community regarding the surveillance cameras. It's just the opposite; we are getting more and more requests for them."

MBTA SUPERINTENDENT-IN-CHIEF JOSEPH O'CONNOR

"As technology continues to improve and upgrades are made, we'll continue to see higher quality video," Clarke said, quickly pointing to the recent stabbing of a woman at Ashmont station. T officials released to the public a surveillance image of the suspect, and he was arrested shortly after.

Transit police said they welcome the extra sets of eyes, but the added surveillance begs the question: "Does Big Brother bother commuters?"

MBTA officials say no.

"People recognize the importance of safety on transit. I think we've been able to display to the public the reasons that we have the cameras and the positive impact they've had on public safety," said MBTA Superintendent-in-Chief Joseph O'Connor. "Very rarely do we receive negative feedback from the community regarding the ... cameras."

MORGAN ROUSSEAU
morgan.rousseau@metro.us

Big Brother's got your back

One recent example of cameras catching crimes is the arrest of a homeless man who allegedly stabbed a Brockton woman at Ashmont station earlier this month.

The T now has "thousands" of cameras in stations, tunnels, buses and trains, but officials say they will be increasing that "significantly" over next two to three years.

About 15 projects are in the works to update MBTA property with more cameras. Those include Park Street and Downtown Crossing T stations.

T officials said the cameras also help them track down graffiti artists. METRO/MR

South End. Violence

▶ An officer takes notes at the scene of yesterday's drive-by shooting.

COURTNEY SACCO/METRO

Two killed in early morning shooting

Two men were shot to death as they sat with a group of people inside a BMW early yesterday morning. The car was parked near Herald Street and Shawmut Avenue just after 2 a.m. when another car pulled up and opened fire, according to police. Police believe the suspect's car was a silver or gray SUV with Rhode Island plates. Two men were pronounced dead at the scene and a third man suffered injuries that were not life-threatening. METRO

Coach faces child enticement charges

BOSTON. A youth baseball coach was ordered held on $50,000 bail yesterday for allegedly enticing a boy on his team.

Jose Ortega, 41, of Roslindale, pleaded not guilty to six counts, including enticement of a child under 16 and unnatural and lascivious acts with a child under 16.

Ortega was arrested Sunday night after an investigation by police and other authorities, according to the Suffolk district attorney's office.

The boy met Ortega earlier this year and was recruited to play for his team, the Boston Broncos.

Ortega allegedly asked the boy to shower at his home and to take sexualized pictures of himself.

Investigators were notified after a relative of the boy observed some of Ortega's messages on Facebook. METRO

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Captors free pastor, Everett woman in Egypt

- Family members overcome with joy, emotion at news of release after three days in captivity
- Group was on a missionary trip when abduction occurred
- Captor says he wanted to grant mercy on hostages

STR/AFP/GETTY IMAGES

▶ Michel Louis and Lissa Alphonse sit at the North Sinai security headquarters in the Egyptian city of El Arish following their release yesterday.

Overcome with joy, Jean Louis broke down while speaking with reporters yesterday shortly after receiving the news that the captors who abducted his father in Egypt last week were releasing him.

"I just want to be with my family, I want to hear my father," Louis said as he began to cry and was embraced by supporters. "At the moment there is a lot of joy. I'm exuberant, I have no words to express it."

His father, the Rev. Michel Louis, 61, an Everett woman and their tour guide were released yesterday after spending three days as the hostages of an Egyptian man demanding the release of his jailed uncle.

COURTNEY SACCO /METRO

▶ Supporters hug Jean Louis.

With the news of the release, emotions changed from worry and fear to joy.

Inside Louis' Mattapan home, supporters and family members could be heard clapping and singing. Some came outside to the front porch singing and raising their hands.

"We're elated," said Bishop Gideon Thompson of Jubilee Christian Church in Mattapan, who helped the family connect with federal officials and legislators during the ordeal. "We're just really glad and thankful this situation came to a successful conclusion."

Louis' two sons were with Thompson at his church when they received word of the release from an official in Sen. Scott Brown's office. They then called the State Department for more confirmation.

The Rev. Eugene Rivers III, who was with the sons and Thompson when they got the call, praised Louis as a hero. He said when the captors planned to take the Everett woman, Lissa Alphonse, 39, Louis stood up and told the abductors to take him instead. Rivers called Louis a "real hero."

Brown thanked American and Egyptian authorities for their work to get the hostages released.

"Everyone's prayers have been answered," Brown said. "This is an emotional day for the families and all of their supporters in Massachusetts."

MICHAEL NAUGHTON
michael.naughton@metro.us

Mercy granted

Authorities said that Germy Abu Masouh kidnapped the hostages on Friday.

He told the Associated Press that he freed the group after officials promised to work on releasing his uncle from prison.

He also told the news agency that he wanted to grant the hostages mercy because they had nothing to do with the dispute.

METRO/MN

The release

The tourists were released "after successful negotiations with the mediation of sheikhs and senior tribal figures," northern Sinai's head of security, Ahmed Bakr, told Reuters.

The tourists were taken to state security headquarters in El Arish, the main town in northern Sinai, said Bakr, who did not give details of the agreement that led to their release.

Officials did not comment on a timetable for the hostages' return home. **METRO/REUTERS**

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News in brief

US navy kills one in incident off Dubai

DUBAI. A U.S. Navy vessel fired on an approaching fishing boat off the United Arab Emirates yesterday, killing an Indian national and seriously injuring three others, the UAE's state news agency (WAM) said.

"The firing has led to the death of one Indian national and serious injury of three Indian nationals," Tarek al-Hedan, an aide to the foreign minister for political affairs told WAM.

A U.S. defense official told Reuters the boat was believed to have sped away after being fired upon by the crew aboard the USNS Rappahannock, according to an initial report. **REUTERS**

Romney coffers nowhere near full, donor study shows

WASHINGTON. Of the big donors helping propel the fundraising of U.S. Republican presidential hopeful Mitt Romney, fewer than 1 percent have hit the limit they can donate to his election bid, suggesting cash is likely to keep pouring into his coffers.

Only 40 donors have given $75,800 — the maximum individuals are allowed to give before the Nov. 6 election — to the joint Victory fund that Romney shares with the Republican National Committees, according to a Reuters analysis of the fund's first campaign finance filing. **REUTERS**

US treasury staffer solicited hookers

WASHINGTON. A U.S. Treasury Department employee violated conflict of interest rules by using government resources to solicit prostitutes and another by accepting gifts from supervised banks, reports from Treasury's internal watchdog said.

One investigative report found that a Treasury staffer with the now defunct Office of Thrift Supervision used his government e-mail to arrange sexual encounters with women advertised on Craigslist, viewed websites offering erotic services and met with prostitutes on three separate occasions. **REUTERS**

Paterno family starts own Penn State probe

PATRICK SMITH/GETTY IMAGES

▶ Sue Paterno, widow of Joe Paterno, is acknowledged during a public memorial for her husband on Jan. 26, 2012.

The family of Joe Paterno, angered by a report critical of the late Penn State head coach, said yesterday it will conduct its own probe of the child sex abuse scandal surrounding Paterno's assistant that has stained the football legend's legacy.

Family members said they "are dismayed by, and vehemently disagree with" findings in the report by former FBI Director Louis Freeh that accused Paterno and other Pennsylvania State University officials of failing to take steps for 14 years to protect the children victimized by assistant football coach Jerry Sandusky.

Freeh, in the report commissioned by the Penn State board of trustees, blamed them for conducting a cover-up to avoid consequences of bad publicity that could upset donors and damage the Penn State brand.

The Paterno family said it has asked its attorneys and experts to conduct a comprehensive review of Freeh's report and comments, and "we have also asked them to go beyond the report and identify additional information that should be analyzed."

They said they asked Freeh to preserve all his records, notes and other materials "as we expect they will be the subject of great interest in the future."

"To those who are convinced that the Freeh report is the last word on this matter, that is absolutely not the case," the family said. "It is highly likely that additional critical information will emerge." **REUTERS**

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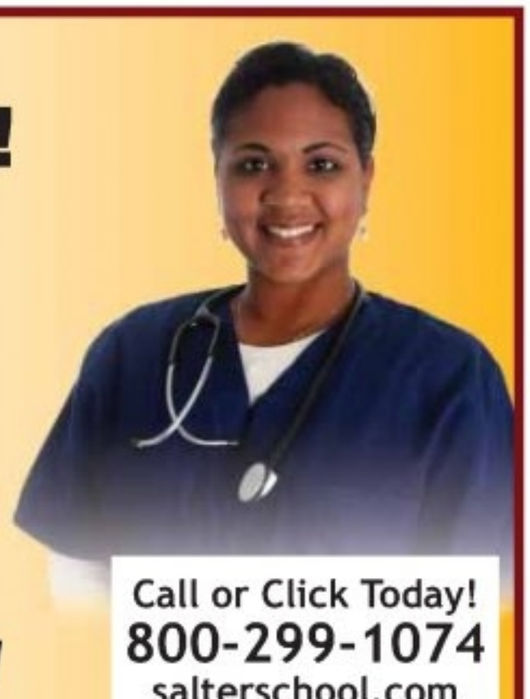

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Three men claim earlier abuse by Sandusky

PHILADELPHIA. Three men have come forward to say they were sexually abused as early as the 1970s or 1980s by former Penn State assistant coach Jerry Sandusky, years before the assaults that he was convicted of committing, the Harrisburg Patriot-News reported yesterday.

The men are the first alleged victims with complaints dating back to the 1970s against Sandusky, who was convicted in June of sexually abusing 10 boys over a 15-year period beginning in 1994, the newspaper said. **REUTERS**

Trayvon Martin's killer accused of molestation by female relative

ORLANDO, FLA. A female relative accused George Zimmerman of sexually molesting her from age 6 to 16, according to new documents made public yesterday by prosecutors.

The name and exact relationship to Zimmerman was deleted from an audio tape version of her witness statement that was released to the media. Identified only as 'Witness #9' she would be aged about 27 now.

Judge Kenneth R. Lester ordered the document released under Florida's public records law. **REUTERS**

Nokia shares nosedive after 'iPhone killer' price cut in half

SPENCER PLATT/GETTY IMAGES

▶ In the three months to June, all three major credit ratings agencies cut Nokia bonds to "junk."

Shares in Nokia fell more than 3 percent yesterday after the company slashed the price of its flagship smartphone, with investors seeing it as a sign of desperation in its battle against Apple and Samsung.

Analysts also cited caution ahead of Thursday's second-quarter report and short-selling of the stock reached record highs. The results are expected to show a widening loss for Nokia.

Once the world's dominant mobile phone provider, Nokia was late to embrace smartphones, and has lost out to Apple and Samsung in the most profitable part of the market.

Nokia halved the price of the Lumia 900 phone in the United States over the weekend to try and lure customers away from its rivals.

"They are stuck between a rock and a hard place; to drive sales of their devices, they are going to have to spend money on marketing and promotions. But at the same time the stock market is demanding they do anything other than spend money," said Ovum analyst Nick Dillon.

Analysts expect Samsung to sell 50 million smartphones in the second quarter, a Reuters poll showed yesterday, compared with Apple selling around 30 million iPhones and Nokia around 10 million smartphones.

The proportion of Nokia shares out on loan has risen to 13.2 percent in the last month, Markit data showed, as speculative investors took bearish positions ahead of the report.

Nokia is expected to report a net loss roughly doubling to 706 million euros ($864.4 million) and burn through more than a billion of cash in just three months, according to a poll of 38 analysts. **REUTERS**

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myentertainment

2

THE WORD

Metro's **Monica Weymouth** shares her take on the world of gossip @monicaatmetro monica.weymouth@metro.us

Who dumped who on 'Idol'?

▶ Lopez and Tyler are leaving Randy Jackson alone at the judges' table.

When **Jennifer Lopez** and **Steven Tyler** announced they were leaving "American Idol" last week, both stars cited their busy, rewarding lives. How could they continue to judge a reality show when they had babies to take care of and devoted fans to entertain?

But there might be a much easier explanation here: money. According to TheWrap.com, Lopez was actually let go when she asked for a $2 million raise and Fox "surprised her" by declining to make a counteroffer. During an appearance on Monday's "Good Morning America," the singer hinted that it wasn't exactly a tidy break. "I love them, they love me, and it's hard when I feel like I should move on," she said of the split. "I don't know, I don't know if it's even done yet. … I know that I'm moving on."

As for Tyler — who, like Lopez, spent two seasons on the show — the network decided not to renew his contract as it looks to revamp the struggling show's format, a source tells TheWrap.

Sure it's embarrassing — but don't sweat it, guys. Most of us get fired over far less money and have never known the joy of giving **Ryan Seacrest** an exit wedgie.

ALL PHOTOS GETTY IMAGES

▶ Katie is skipping over the hamsters and going for gold.

Because puppies fix everything

Over the weekend, **Katie Holmes** was spotted doing what every good divorced parent does: Shopping for a puppy.

Holmes and daughter **Suri Cruise** stopped by an upscale Manhattan pet store, according to RadarOnline, and were looking at a French bulldog and a tiny designer Yorkie/Maltese mix dubbed a "Morkie."

They left without a dog, and now North Shore Animal League rescue is encouraging the family to adopt. "Unfortunately, most pet stores are provided their dogs from commercial breeding organizations otherwise known as puppy mills," spokeswoman Devera Lynn tells Radar. "We would love to show Katie the animals we have if she is ready to adopt."

Katie, you of all people must be sick of yappy little overgroomed critters. Give pound pups a chance!

Another Lohan on the way

We always forget this, but the Lohans are humans and can, as such, pull a sneak attack and reproduce.

Lindsay's father, **Michael Lohan**, is expecting a baby with sometimes girlfriend and occasional fiance **Kate Major**, a rep confirmed to TMZ. Conveniently, Major's restraining order against Lohan, who was arrested for suspected domestic violence, was recently lifted.

The feed ...

▶ Checking in with some of Hollywood's biggest names to see what they've been up to — in their own words, in 140 characters or fewer.

@RyanSeacrest
Craving ice cream. Had to stop for a blizzard, butter finger Heath bar flavor.

@_juliannemoore
umm #the knicks the way things are going why not just have ME on the team. Old ladies are great point guards.

@driverminnie
We are writing and performing a play in 24 hrs. We are in hour 18. I feel vaguely nauseous and wish now that I'd gone to university

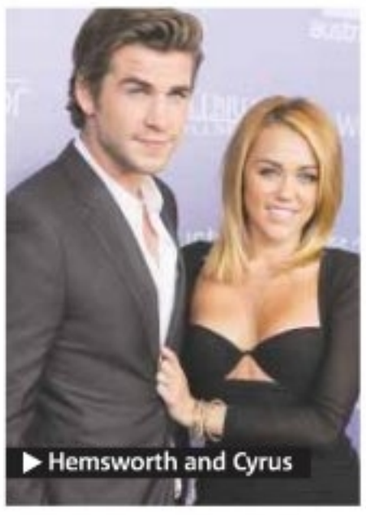
@AlbertBrooks
Breaking News: Romney promises to release more tax returns as soon as he can get the guy from Luxembourg on the phone.

Moore

Talking points

What could go wrong?

Though it's been little more than a month since they announced their engagement, **Miley Cyrus** and **Liam Hemsworth** are reportedly much more interested in planning a family than planning a wedding, according to Us Weekly. "Miley and Liam really want to have a baby quickly," a source says. "They are both mature and ready for this. Miley is 19 going on 40."



▶ Hemsworth and Cyrus

Give us that croissant, Pacey

Joshua Jackson and **Diane Kruger** are settling into life living in Paris, and they couldn't be happier, the "Fringe" star tells People magazine. "The most romantic thing about Paris for me is just walking around and being immersed in the city," Jackson says. "Because Diane has lived there for so long and we have an apartment there, the most romantic part of our day is waking up in our own neighborhood and going down to a cafe and just having breakfast — which is a really quotidian thing to do, but to do it in that city is pretty nice."

Segel's latest role: Dad

Michelle Williams hurried home from her visit to San Diego Comic-Con for some quality time with daughter **Matilda**, 6, and boyfriend **Jason Segel**, according to Us Weekly. The pair were spotted Saturday taking in a matinee of the Broadway show "Jersey Boys" before heading back to Brooklyn for an early dinner and a stroll. Sources say Segel has been bonding with Matilda over the past few months. "He's been doing all sorts of 'dad stuff' with her, like drawing and playing music," a source previously told the magazine about the actor. "I never thought Jason would ever date someone with a kid. But he's taking everything in stride. He's ready to be a grown-up."

Happy Hoff Day!

1 It's true: Telemundo red carpets are way better than all other red carpets.

2 Oh hey, gang! **Glen Howerton, Rob McElhenney** and **Charlie Day** of "It's Always Sunny in Philadelphia" hit up Comic-Con over the weekend.

3 We can't even pretend to know what look **Justin Bieber** is going for. But his iced mocha whatever was killing it yesterday.

4 **Jeremy Renner** was walking his signature line between suave and scary while promoting "The Bourne Legacy" in Rome yesterday.

5 Last week, **Chilly** (the slightly annoyed poodle) and **Baby Hope** (the seriously annoyed shih tzu) tied the knot at a $200,000 wedding to raise money for the Humane Society of New York and broke the record for the world's most expensive dog marriage. Yes, seriously — how do you think we got this photo?

6 Happy 60th birthday, **David Hasselhoff**! We got you this sweet promo photo from 1980.

1: TOMMASO BODDI/WIREIMAGE
2: CHELSEA LAUREN/GETTY IMAGES
3: SCOTT BARBOUR/GETTY IMAGES
4: ERNESTO RUSCIO/GETTY IMAGES
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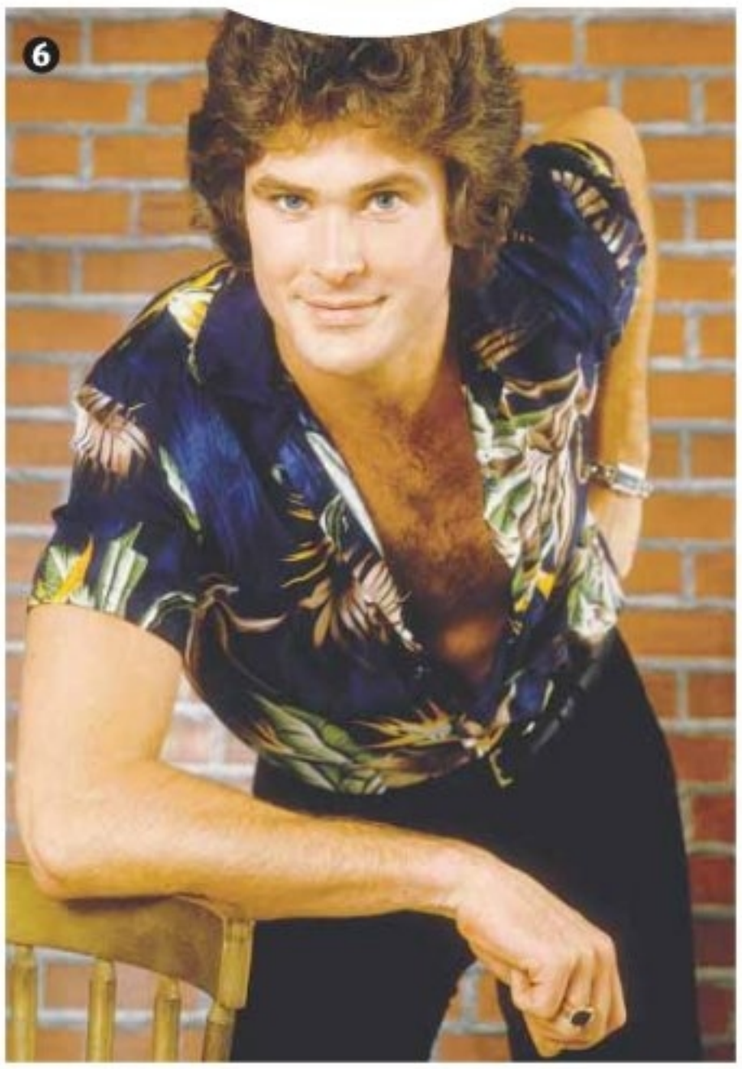

myentertainment

Comic-Con 2012: Hits and misses

Celebrities and roughly 170,000 fans invaded San Diego last week for the annual pop culture Woodstock that is Comic-Con, where Hollywood rolled out teases for much-anticipated film and TV properties Most of the big reveals came in Hall H, the auditorium into which fans line up for days Was it worth the wait?

GETTY IMAGES

Author Stephenie Meyer, left, and the "Twilight" cast made the trek to Comic-Con to talk about the series's final film.

Biggest hits

"Marvel Entertainment: Riding into Comic-Con high on the wave of "Avengers" success, the comic book publisher-turned-movie studio announced a slew of new films, including sequels to "Captain America" and "Thor." And then Robert Downey Jr. danced into the hall, blurring the lines between himself and Tony Stark, to unveil footage from next year's "Iron Man 3."

"Elysium": "District 9" director Neill Blomkamp unveiled "Elysium," about a future in which the haves live it up on a space station while the have-nots toil on the dilapidated Earth below. Not only did Blomkamp stun the crowd with footage from the film, he also brought along star Jodie Foster, a Comic-Con virgin and closet geek — Foster copped to being a huge "True Blood" fan.

"Man of Steel": Zack Snyder gave fans a first look at his Superman reboot, due next year — a movie Warner Bros. hopes will take over for Christopher Nolan's Batman franchise. While the footage was impressive, showing British actor Henry Cavill in action as both Superman and Clark Kent, Snyder has wowed Comic-Con crowds before only to disappoint later, as he did with "Sucker Punch." Still, there's cause for optimism here. As a bonus, the same panel saw the announcement of a new "Godzilla" film from director Gareth Edwards.

Biggest misses

"The Host": While kicking off Comic-Con with a panel for the final "Twilight" film, the series's author, Stephenie Meyer, snuck in a look at the film adaptation of her follow-up, "The Host," directed by Andrew Niccol. The footage of the sci-fi story about alien possession left fans scratching their heads — and some walking out before the screening had finished. This one might be a hard sell.

"Django Unchained": While it was awfully cool of Quentin Tarantino to bring his revenge Western starring Jamie Foxx and Christoph Waltz to Comic-Con — despite it not necessarily being normal Comic-Con fare — there are a few things he didn't do: He didn't show off much new material, instead opting to show a seven-minute "sizzle reel" that had screened for insiders at Cannes, and he didn't stick around to talk to the press after the Hall H panel. One thing he did do? Put a damper on plans for "Kill Bill: Vol. 3." Not cool, Quentin.

Tarantino

NED EHRBAR
METRO WORLD NEWS IN LOS ANGELES

YOUTUBE

From left, Walk Off the Earth are Joel Cassady, Sarah Nicole Blackwood, Gianni Luminati Nicassio, Ryan Marshall, and of course, Beard Guy.

Walk Off the Earth are way more than just somebody that you used to know

If you're among the 127 million people who have seen Walk Off the Earth cover Gotye's mega-popular single with one shared guitar, you know that these five Canadians are all about innovation. So it's no surprise then that the band was able to leverage their YouTube popularity for an album that will be out in the fall. Though the album will comprise almost all original material (don't worry, the Gotye song will be on there), singer Sarah Nicole Blackwood says that the major label deal won't change their fun approach to music.

With the very notable exception of the "Somebody That I Used to Know" clip, there are so many different instruments in your videos. Do you bring all of them on tour?
Yeah, we totally do. Our crew hates us, actually. Not only do we bring them but we throw them at them throughout the show.

You're the only one who's playing regular guitar there, plucking strings and fretting, right?
Yeah. I mean Gianni [Luminati Nicassio] is doing the same thing, kind of soloing away, [Ryan] Marshall's got the bass line, Joel [Cassady] is playing drums and then Beard Guy's playing the clanky noise.

You guys really call him Beard Guy?
Yeah, we actually call him Beard Guy. Well, in the band. ... He's always had his beard. He just looked really cool when we were doing takes for the video. As we shoot a video it's really cool how each character will develop pretty much right away, so we were watching some of the takes that we had done and we were just like, "Dude, you look cool just staring off to the side like that, just do that." And that kind of became his character. But we actually do like – when we talk to him, instead of saying "[Mike] Taylor," we'll be like, "Hey Beard!"

How long does it typically take to do one of these videos?
A long time. Most of our videos are one take, which is — it takes a long time to shoot but it takes a short period of time to edit, which is a lot nicer. PAT HEALY

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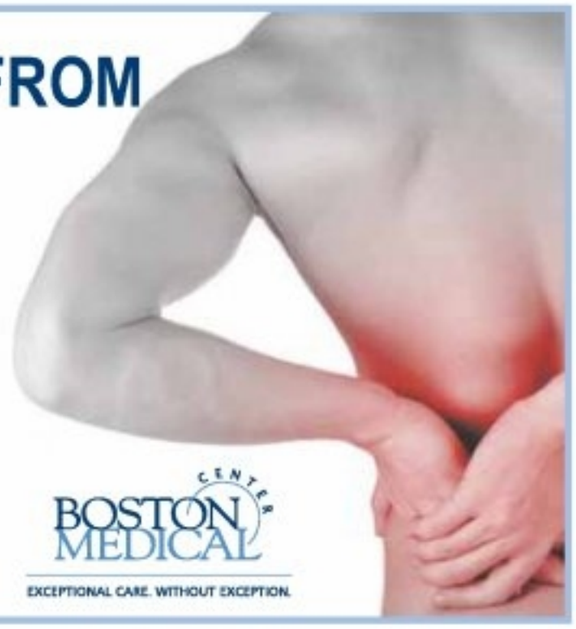

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Playing kiss and tell with Morgan Freeman

The Hollywood superstar was jazzed to work with director Rob Reiner on 'The Magic of Belle Isle'
And smooching Virginia Madsen didn't hurt, either

He may have just celebrated his 75th birthday — "It feels good to still be here," he says with a laugh — but Morgan Freeman isn't jetting off into retirement. Even though his summer is about to become jam-packed thanks to the release of "The Dark Knight Rises," Freeman still had time to sneak in a quiet family drama, "The Magic of Belle Isle." In it, he plays a writer — but off-screen, too, he says, he loves to get his creative juices flowing.

"I wish I could write," the veteran actor tells Metro. "I wish I could sit down and write a screenplay or a novel. I get these great ideas — like half the world does, you get a great idea and you think, 'Oh, I gotta write that down,' and then you sit down and start writing, and by page two you've covered everything."

Freeman says he likes to write "whatever comes to mind," though he doesn't keep a journal "because the next thing you know you're gonna be bragging to yourself."

For "Belle Isle," the actor teamed up with Rob Reiner, who directed him in "The Bucket List," and took on the challenges of a former novelist who lost his inspiration. It was a role, he says, he could infuse some of his own life experiences into.

"[I've been] uninspired, angry, terribly upset over my plight, completely out of control of my own life and drinking too much," he says. So what's it take to get Freeman out of a funk? "Generally, in my case, it would be Providence," he says.

In the film, though, it's two special relationships that bring him happiness: one with an inherited dog, and one with his next-door-neighbor, played by Virginia Madsen, whom he calls a "great kisser."

In fact, Freeman says, Madsen is only one of a couple leading ladies who Freeman has ever puckered up to on-camera.

"I've not been what you would call a romantic lead," says the star, who has played God and the president, among other powerful figures. But Freeman himself admits that always playing to viewers' expectations "gets a little boring."

"When someone says they wrote something with me in mind, I'm not quite sure what they mean — having me in mind as an actor or having me in mind as a character that they've seen me play. You always want to do something new, something that you have not been all your life associated with."

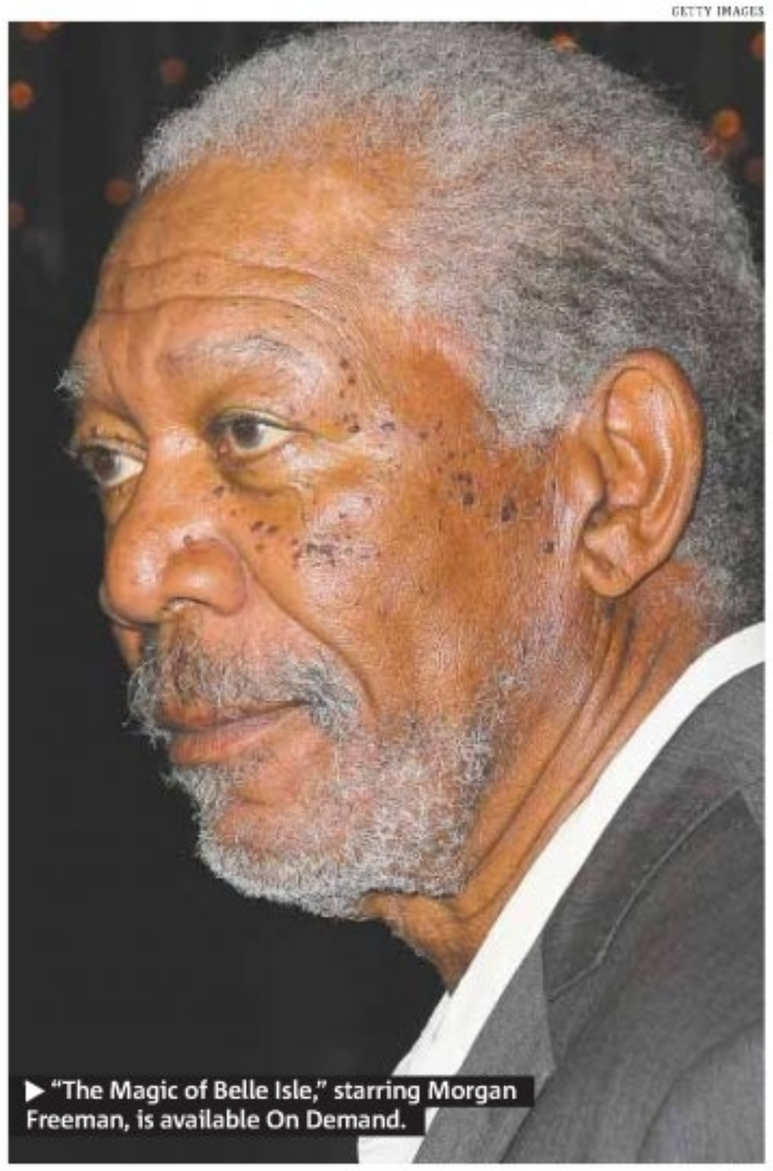
MEREDITH ENGEL
meredith.engel@metro.us

'Batman' beyond

We asked Freeman if he really thinks Christopher Nolan will end his Batman storytelling after this third installment.

"I don't think it's going to end at three, but I think Chris is done. I mean historically, with superheroes, No. 4 doesn't work."

GETTY IMAGES



"The Magic of Belle Isle," starring Morgan Freeman, is available On Demand.

TV watch list

'MasterChef'

REALITY. Paula Deen guests during a Southern-inspired dish challenge. But whether her health-conscious Jekyll or her "butter is better" Hyde shows up will have to be seen. **9 p.m., Fox**

'American Gypsies'

REALITY. Romani culture in the States is examined via a family of Gypsies who run a psychic shop empire in New York City and struggle to balance the traditions of their culture and a modern lifestyle. **Series premiere, 9 p.m., Nat Geo**

"American Gypsies"

NATIONAL GEOGRAPHIC CHANNELS

'History Detectives'

REALITY. The team may have tracked down the holy grail of amplified music: the electric guitar Bob Dylan plugged in for an angry audience at the 1965 Newport Folk Festival. **Season premiere, 9 p.m., PBS**

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Exploring her passion for perfume

▶ In her new book, Alyssa Harad describes her transformation from a mild-mannered grad student to a woman obsessed — with scent.

ERIK MAYES

How would you describe the scent of your favorite flower to someone who had never smelled it? Go ahead, try it. You may find yourself borrowing language from outside the realm of scent. Are marigolds "sunny"? Lilacs "cool"? Magnolias "voluptuous"?

The language of perfume is an inexact and highly subjective science. Scent triggers very specific memories — and as many descriptions as there are noses. But Alyssa Harad writes about perfume with flowering, hypnotic prose that doesn't leave you gasping for air.

In her first book, "Coming to My Senses," she describes her sudden intoxication by the perfume world after stumbling across a community of scent-obsessed bloggers. The 36-year-old Harad, beguiled by the descriptions that she reads online, falls under the spell of classic perfumes before even smelling them.

Perfume, she learns (and, in turn, convinces her readers), is to the nose what painting is to the eyes or music is to the ear. "It's about our passion for the scent in the world around us," she tells Metro, "This is the art form that humans have created to be able to capture those smells."

Can wearing perfume be a psychological leap for women who aren't accustomed to it?

Oh sure. We're accustomed to thinking about pleasure in general as something that you have to earn or sneak or indulge in or steal. ... I think also, our generation worries — I know I do — about getting too soft. We want to be smart and ambitious and hardworking, and perfume feels like something "the pampered lady" has. It speaks to a desire to hang out in bed all day in your fluffy marabou robe and your mules, which I, personally, think we should all have a little bit of in our lives. I'm all for it. [laughs] I'm not afraid of it anymore.

Is perfume more intellectual than fashion or jewelry?

I think each of these things has their own rich and underappreciated history, and they're all things that get dismissed because they're superfeminine. This is typical gender politics, where the kind of architecture that goes into a couture gown is considered to be frivolous frippery and the kind of architecture that goes into a great, big building is considered to be really important and permanent. It's not an accident that one belongs to this kind of domestic, feminine realm and the other is a big part of the business world, a predominantly male profession.

How can a perfume novice find a scent that works for them?

You could start by reading the book and exploring the appendix and some of the blogs. But if you're just dying to get out and start sniffing, I would try Sephora or Nordstrom, where they are set up to make samples and they're accustomed to letting you take your time.

REBECCA FINKEL
rebecca.finkel@metro.us

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Breakfasts that boost brain power

- Give your kids a leg up on their day with a meal they'll look forward to chowing down in the morning
- Creative mix-ins with nutrients

Time and again, we're told breakfast is the most important meal of the day — but for children, it's even more essential to start the day fueled up. Not only do kids use lots of energy in the classroom and the playground, but they're growing, too. And, the right kind of nutritious breakfast gives a head start on learning, aiding concentration and brainpower.

"After a night of fasting, a nutritious meal supplies the blood stream with brain- and blood sugar-stabilizing elements that boost learning and overall energy," says Lisa C. Cohn, MMSC, MED, RD, of Manhattan's Park Avenue Nutrition. "Breakfast supplies the energy for children to have good attention at school. Brainpower requires good energy from nourishing foods."

This might sound like a tall order for busy parents, but it's just a matter of choosing the right products and ingredients. Start with the shopping cart and swap out foods loaded with sugar, preservatives and white flour. "For children who won't eat breakfast," she says, "try offering fruit, granola cereals, nut butter sandwiches or just favorite leftovers, such as a chicken leg."

"A nutritious breakfast needs to contain protein, healthy fats and complex carbohydrate energy," she adds. "Growing brains benefit from foods high in essential fatty acids that nourish the brain's fatty tissue and the nervous system. Better breakfasts promote better moods, better attention and better overall energy."

LINDA CLARKE
letters@metro.us

Back to school

BANANASTOCK

▶ Growing brains and bodies need the right foods to fuel their day.

Cohn's tips

Brain-boosting breakfast options include:

- **Cottage cheese** with real fruit on top of whole-grain toast, pancakes or waffles
- **Nut butter roll-ups** with sliced apple, pear or fruit spread (but watch the sugar content)
- **Homemade smoothies** with berries, mango or pineapple
- **Eggs:** hard-boiled, poached on toast or scrambled

Add-ins that give a health kick:

- **Nuts and seeds:** great in waffles, pancakes and atop cereal
- **Avocado:** perfect in smoothies and sandwiches for added energy and essential oils

Nutrition

Beyond boring brown bag lunches

It's not just a school lunch box anymore: It's a potential powerhouse of nutrition. Packing it is one thing, but getting children to eat new, nutritious foods is another. That's why the summer break is the time to start prepping children. Sitting down and eating lunch with them is the best way to have them try new foods, says Nicolette Pace, RD.

"Children are mimics," says Pace, the founder of NutriSource Inc., which offers nutrition-based medical therapy and counseling. "Use the summer to set up good habits for the new school year. Try new ideas, sit down together and eat. If the child sees you enjoying it, they are more likely to eat it."

Pace suggests new sandwich recipes with more produce. "Add raw spinach and carrots to chicken salad, or sliced apples or berries to peanut butter and jelly."

Also, switch to whole-grain breads and swap mayonnaise with yogurt to reduce calories and add calcium and probiotoics. Add a sweet snack in the form of homemade trail mix.

"A lot of store trail mixes have sugar-coated berries. Choose nuts, seeds and [unsweetened] dried fruit. Berries are known to improve brain and motor skills."

If you're met with grumbles, don't quit, says Pace: "Kids need several exposures to accept new foods."

METRO/LC

MONKEY BUSINESS

▶ Try finger foods like grapes and cut-up veggies in your child's lunch box.

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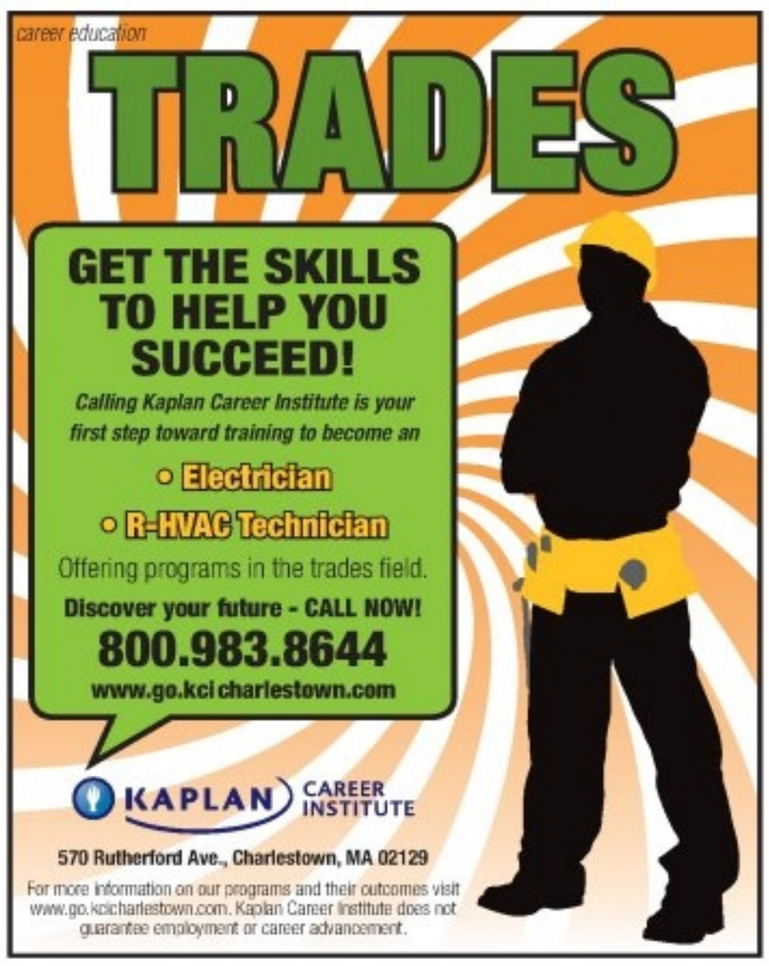
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Letters

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Sandusky: Parents should have known

Questions regarding the Sandusky scandal: Why didn't any of these victims tell their parents? What was missing in their relationship? Why didn't the abused go to the police if they didn't want to discuss it with their parents?

ADELAIDE VERPONI, VIA E-MAIL

Wipe the Penn State program off the map

To use sports parlance, I have no skin in the game with respect to the Penn State scandal. I'm neither a football fan, nor an alumnus. I am, however, a father of two children — and as far as I'm concerned, that statue should be demolished (as publically as possible) and the NCAA should shut down the football program entirely. The team and the institution have been poisoned — perhaps permanently — by Sandusky, Paterno and their accomplices. They have turned Penn State into a criminal institution of the worst sort, and that can not be allowed to stand.

JOSEPH CONNELL, VIA E-MAIL

'Made in China' the least of our worries

Is "Made in China" the only thing that people object to about the Ralph Lauren-designed Olympic uniforms? They look like the rejected bridesmaid outfits from the Neil Patrick Harris wedding! If they wanted something awesome, why didn't they hire Cinna from "The Hunger Games"?

GENE TOWBA, VIA E-MAIL

Booing message rather than speaker

If memory serves me correctly, President Obama was speaking to a predominately white audience early in his presidency and when a man yelled "liar," no one called him racist. If people watch the entire Romney speech, they will know that Romney was applauded several times and not booed until he announced his plan to repeal The Affordable Healthcare Act. Romney was booed by the NAACP audience because of his message, not his race.

LARRY D. FOWLER, VIA E-MAIL

Many have paid for tax cuts for the few

The Bush tax cuts have done nothing for the economy in the last 11 years. What they have done is divide the country, congress and citizenry while raising our debts to insurmountable heights. For the wealthy, it translated into more money for gambling on Wall Street. For the poor, it did nothing. The working and middle-class families saw a small increase in their take-home, but I bet anyone reading this couldn't give you an exact dollar amount. At least, I couldn't. Congress has been shut down, wars have been fought and not paid for and millions of people have lost their jobs all to keep these tax cuts in place. They were temporary for a reason. For a few Americans, this tax cut has been one hell of a ride, but like a good friend once told me, "Sometimes the ride is not worth the fall!"

RICH BRITTLE, BOSTON

Jason Kidd: With friends like these ...

I think it was very irresponsible of Jason Kidd to drink himself into a stupor and then attempt to drive himself home. Even more irresponsible were the people who helped this clearly intoxicated man out of a night club and escorted him to his car.

JONATHAN PERRY, VIA E-MAIL

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Horoscope

♋ Cancer **June 21-July 22.** Be careful about inviting others to drop in anytime unless you really mean it. Someone could take you up on your invitation and interrupt you at a most inappropriate moment.

♌ Leo **July 23-Aug. 22.** Recommending to others an idea or suggestion that you've never tested could land you in a whole lot of trouble. It might look good on paper, but fail miserably in practice.

♍ Virgo **Aug. 23-Sept. 22.** Avoid taking a gamble on something that could affect not only your resources but also those of others. Even if Lady Luck has been hanging out on your doorstep lately, she might be elsewhere today.

♎ Libra **Sept. 23-Oct. 23.** It might be flattering to you when a member of the opposite gender comes on to you — but if it's inappropriate in any way, it will spell big trouble if you respond in kind.

♏ Scorpio **Oct. 24-Nov. 22.** Relying on wit and charm may work up to a point, but if the going gets tough you could quickly lose steam. Make sure to have a solid foundation undergirding your flourishes.

♐ Sagittarius **Nov. 23-Dec. 21.** Base your hopes and expectations on solid bedrock and not on loose, shifting sand. Your desires will be dashed if there is nothing substantial holding them in place.

♑ Capricorn **Dec. 22-Jan. 19.** Because your behavior and motives are likely to be closely scrutinized by anybody and everybody, don't do anything foolish that would be detrimental to your image.

♒ Aquarius **Jan. 20-Feb. 19.** It's an enviable quality, your innate wisdom, but you might reward someone you shouldn't while ignoring the deserving.

♓ Pisces **Feb. 20-March 20.** You might be offered a proposition that appears nifty on the surface but has hidden strings attached. Don't be reluctant to ask whatever pertinent questions you think necessary.

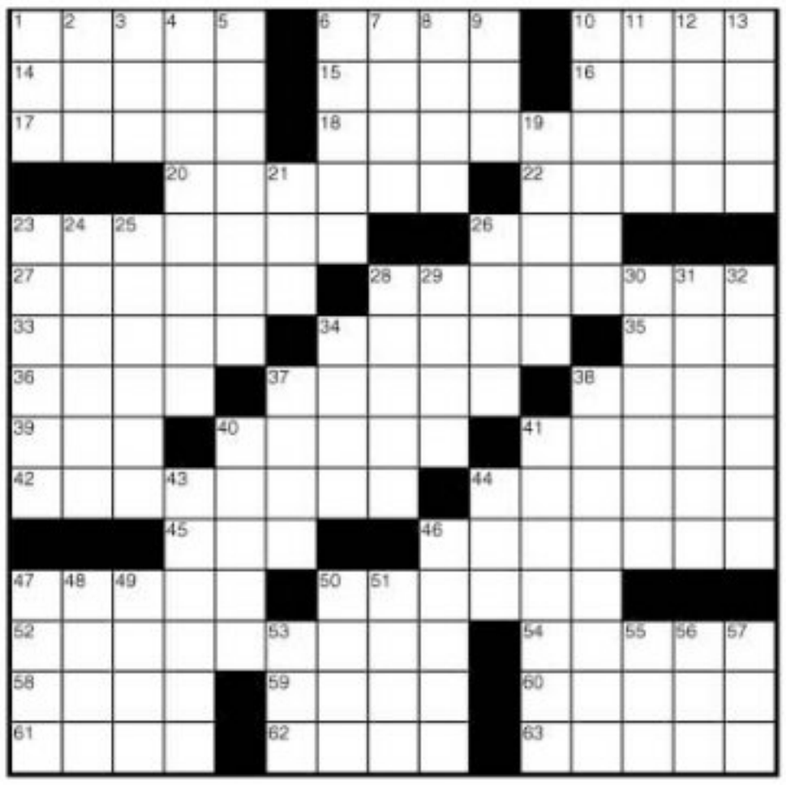
♈ Aries **March 21-April 19.** Do not let a close colleague make a decision about a shared concern without

♉ Taurus **April 20-May 20.** Try not to overextend yourself by taking on an assignment of another's in addition your own, no matter how much the other person needs help.

♊ Gemini **May 21-June 20.** It would be best not to request a favor from someone you just met. Go to an old friend for whom you've done much in the past — he or she owes you a favor. BERNICE BEDE OSOL

Across
1 "Nick of Time" singer
6 Salt, to a chemist
10 Army vehicle
14 Love
15 A woodwind
16 — -de-camp
17 Praline ingredient
18 Copper patina
20 Form a thought
22 Because of (2 wds.)
23 People in the hole
26 KGB counterpart
27 Scallions
28 Not domestic
33 Aromas
34 Sunfish
35 "Grand — Opry"
36 Presses for payment
37 Catcalls
38 Popcorn nuisance
39 "Exodus" hero
40 Satyrs
41 Chennai money
42 Submissiveness
44 Mirage site
45 North Carolina — Heels
46 Wide-angle lens
47 Loud kiss
50 Flour or sugar
52 Crunchy morsel (2 wds.)
54 Goodbye, in Paris
58 Long for
59 Intuition
60 Adjusts a piano
61 More than want
62 Parroted
63 — Downs (racetrack)

Down
1 Musical genre
2 Lime cooler
3 Winter Games org.
4 Turncoats
5 Sinews
6 Exploding stars
7 Be an accomplice
8 Earth's center
9 Conducted
10 Wild feline
11 Gael republic
12 Fix typos
13 Tijuana dollar
19 Figure of speech
21 Uh cousins
23 Trinket
24 Motorcycle race
25 Like Steve Austin
26 Form 1040 experts
28 Wry humor
29 New York nine
30 Rug, slangily
31 — Queen, of whodunits
32 Strike out
34 Prizefight
37 "Aquarius" musical
38 Kept under wraps (2 wds.)
40 Peel, as paint
41 Schedule again
43 Had poison ivy
44 Short swim
46 Meant to be
47 Read quickly
48 Medieval weapon
49 Late tennis great
50 Fabric sample
51 Skimpy top
53 Harpers Ferry st.
55 Connections
56 Want-ad abbr.
57 Sch. in Hattiesburg



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				6				
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5	1	6					7	3
		9	2					

SUDOKU **LEVEL: EASY**

9			4				5	
				1		9		2
		5	3	7				
7		9				2		
6	2	3				8	1	5
		1				3		7
				8	5	6		
3		6		4				
	9				7			4

SUDOKU **LEVEL: HARD**

How to play Sudoku: Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

SUDOKU SOLUTIONS: **WWW.METRO.US/PUZZLES**

Solution to Monday's crossword

M	A	G	I	C		S	T	E	M		R	I	F	E
A	M	O	C	O		H	O	P	I		U	R	A	L
T	Y	G	E	R	T	Y	G	E	R		S	A	K	E
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destinations

Bush tucker delights

There's more to Australian food than beach barbecues Native Australian delicacies include kangaroo steaks, wattleseed, lemon myrtle and warrigal greens

DANNY BUYNH PHOTOGRAPHY

▶ The Sydney Food Festival stars the best of Aussie's eats.

Eating local takes on new meaning when you're dining in Sydney. An increasing number of chefs are offering more native Australian food on their menus.

Known as "bush tucker," these ingredients go beyond a kangaroo steak. But if 'roo steak is what you're after, try **Kingsley's** steakhouse for one of the best. The meat is prized for its gamey flavor and low fat content **(www.kingsleysauststeak.com.au)**.

Found wild in bushland, the leaves of the lemon myrtle are used to flavor everything from tea to aioli; wattleseed makes a rich, nutty addition to a dessert and lemon aspen, a tiny, piquant fruit, can be used sparingly in place of lemon. Warrigal greens can be served instead of English spinach. While these aren't found on every restaurant menu, they're showing up more frequently.

Local specialties from the sea include Sydney Rock Oysters, and the more obscure but equally delicious Angasi, or flat, oysters. For sampling oyster varieties, you can't beat the Sydney Fish Markets in Pyrmont, where they're shucked before your eyes.

If the truly authentic Aussie experience is what you're after, head out of town. Ninety minutes' drive west of Sydney on the other side of the picturesque Blue Mountains, the town of Lithgow is home to the **Secret Creek Cafe**. There you can admire the native wildlife as it wanders past the window — and of course eat, too. Perhaps Australia is the only country on Earth where you can eat the two animals featured on its coat of arms **(www.secretcreekcafe.com)**.

KIRSTY DE GARIS
METRO WORLD NEWS IN LONDON

Traveler tips

EAT: The Crave Sydney International Food Festival runs across the city during the month of October. During the festival, you can enjoy night noodle markets in Hyde Park, breakfast on Bondi beach with a cast of thousands or sample some of the city's finest restaurants late at night for dessert and sweet wine. **www.cravesydney.com**

SHOP: Gourmands across Sydney shop for oils, spices, teas, chocolate, biscuits and more at Simon Johnson at various locations across the city. Exquisite produce makes for high-end prices, but the retail experience is sublime. Don't miss the chilled cheese room, where you can taste before you buy. **www.simonjohnson.com**

▶ Sydney rock oysters are a local delicacy you can't afford to miss.

STAY: Located in the heart of bustling Darlinghurst, L'otel is an urban treasure. With just 16 rooms it's a boutique hotel, and at street level you can enjoy the laid-back bohemian atmosphere of the cafe, restaurant and bar. It's also minutes on foot from both Kings Cross and Oxford Street. **www.lotel.com.au**

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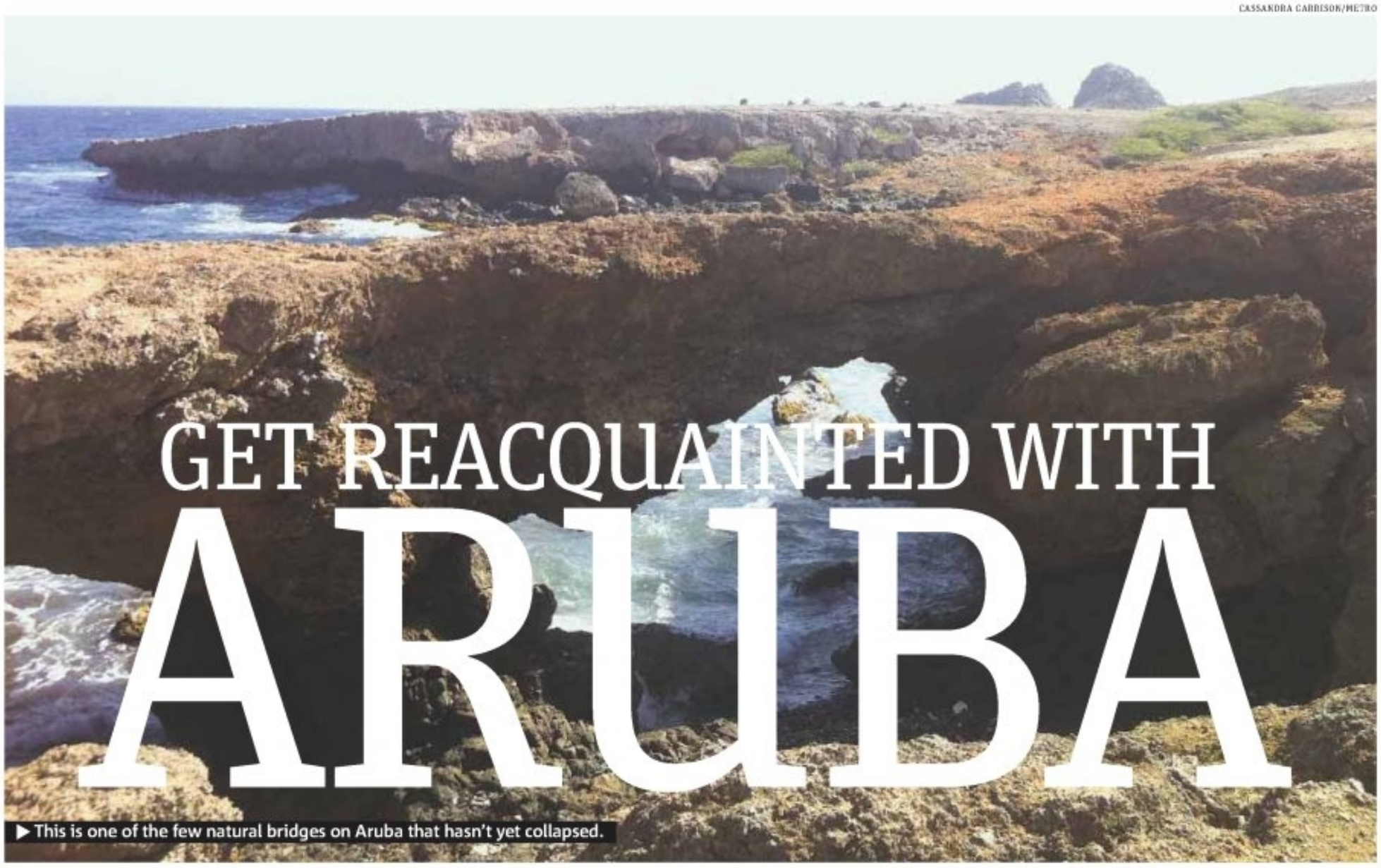
destinations

Marred by scandal in 2005, Aruba re-emerges as a hot spot Loyal vacationers return to the island year after year Natural beauty offers something for eveyrone

CASSANDRA GARRISON/METRO



GET REACQUAINTED WITH ARUBA

▶ This is one of the few natural bridges on Aruba that hasn't yet collapsed.

As the sunset burns over the horizon of Aruba's 20-mile white sand coast, the story that shocked the world in 2005 seems to be the furthest thing from mind.

"What incident?" a local sarcastically asks when pressed about whether the "incident" still puts a dent in Aruba's tourism industry.

That "incident," of course, is the disappearance of Alabama teen Natalee Halloway and the headline-grabbing investigation that ensued. As the media circus was fueled by talk that Aruban officials dragged their feet when she first went missing, the island's main source of income — tourism — devastatingly plummeted.

But on the beaches of this tropical paradise, where cool trade winds make for the perfect year-round climate, Aruba has seemed to rebound as it once again emerges as an ideal vacation hot spot in 2012.

Travelers who have stuck with Aruba, or given the destination a second chance, will know that crime is typically minimal and security guards patrol the beaches at night, a stark contrast from the portrait painted of the island community in 2005.

It's easy to see that there is something for everyone within Aruba's unique dichotomy — a local Arawak culture with Dutch infusion makes for unmatched hospitality, savory dining and energetic nightlife. From snorkel cruises to couples massages, Aruba is ideal for adventurists and relaxation-seekers alike.

Stay

Feel like a VIP at the island's top-notch resort: **Hyatt Regency Aruba** (J. E. Irausquin Blvd. #230, Aruba; +011-297 586-1234). Choose from an ocean-view room or one that overlooks the tropical courtyard with sparkling pools. With its own beach for guests, six restaurants and a casino that's hopping till the wee hours, vacationers don't ever need to leave the property, unless it's to buy some hand-rolled Cuban cigars in the shops across the street. Rates run from $335 in low season, and $595 in high season.

▶ Try the grilled lobster for two at Hyatt Regency's Footprints Beach Grill.

Eat

Have the hotel arrange a taxi and venture off the beaten path for a more local dining experience. Grab a table on the patio at island favorite **Madame Janette** (Cunuco Abao 37; +011-297-587-0184). Choose from Argentine cuts of beef or a fresh catch from the Caribbean sea. Don't miss the Shrimp "Coco di Rasta" — jumbo coconut shrimp smothered in red curry sauce and served with rice.

Or, dine with your feet in the sand at **Hyatt's Footprints** restaurant (+011-297-586-1234 ext. 37), which offers romantic tables on the beach so you can watch the sunset as you sip local cocktails and enjoy fresh fare like snapper ceviche or grilled lobster for two.

Explore

Though Aruba is just 20 miles long, its diverse geography features stunning views and picturesque scenes. Sandy white beaches turn into rocky cliffs and natural bridges as you venture from end to end. Buckle up for a bumpy ride with a Jeep excursion through **De Palm Tours** (L.G. Smith Blvd. 142; +011-297-582-4400) — be sure to ask for Rocky! Or sip on an Aruba Arriba as a catamaran with **Red Sail Sports** (L.G. Smith Boulevard 17; +011-297-586-1603) takes you to the island's best snorkel spots, where you'll get a close-up of ocean life and a German shipwreck from 1940.

CASSANDRA GARRISON
cassandra.garrison@metro.us

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HYATT REGENCY ARUBA

▶ Unwind with soothing aloe treatments or a hot stone massage at Hyatt Regency's ZoiA Spa.

Relax

Aruba's desert climate makes it a perfect growing location for aloe, and the plant's healing properties are utilized at **Hyatt Regency Aruba's ZoiA Spa** (J.E. Irausquin Blvd. #85; +011-297-586-1234). Give your skin a rest from the hot sun with aloe-based facials, wraps or soothing rituals for your hands and feet. Try a color-themed spirit bath, a tradition used by locals to calm the spirit and relax the mind.

HYATT REGENCY ARUBA

▶ Enjoy numerous restaurants and bars on the Hyatt Regency Aruba's property. Just watch your step for wild iguanas!

Play

Kick back with a drink and sing along to karaoke at **Piet's Pier Bar** (J.E. Irausquin Blvd. #85; +011-297-586-1234 ext. 51). Stay till close and a security guard will be waiting to escort you back to the hotel. Hint: Ask the bartender to sing Shania Twain's "Still the One," but be prepared to join him in the duet.

Senor Frog's (J.E. Irausquin Blvd. 348 A; +011-297-586-8900) gets a bad rep as a tourist trap, and, indeed, there are plenty of drunken moms and college-aged guys on the prowl. But if you can get past the cheesy atmosphere, it's not a bad spot for late-night dancing.

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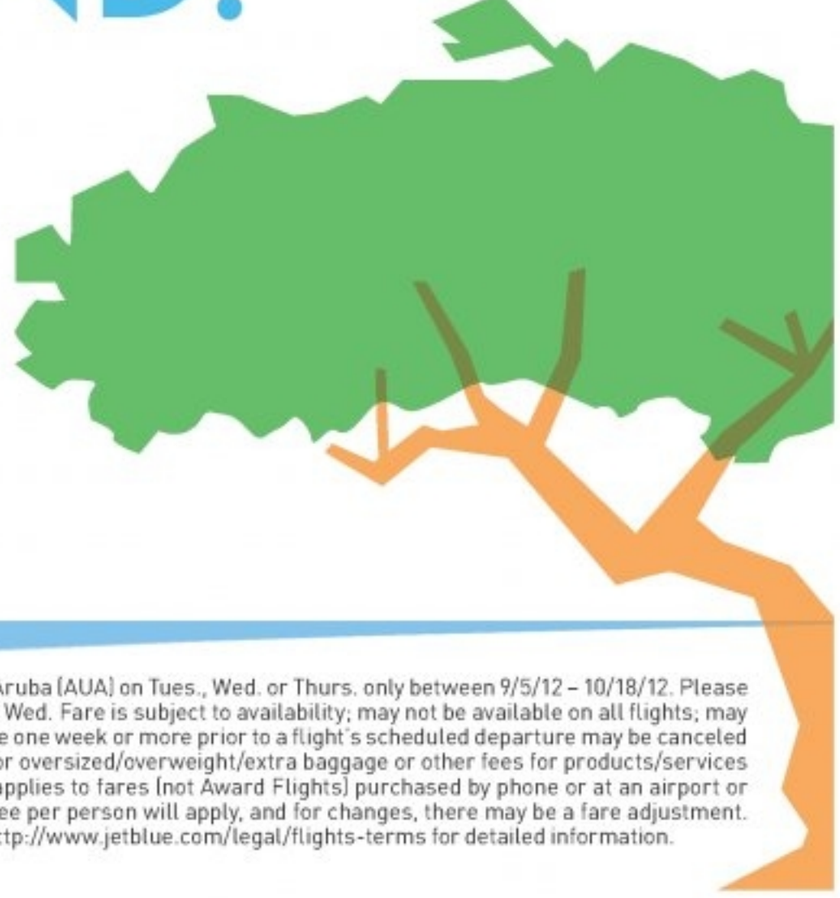

*Fare includes government taxes/fees and must be purchased by 07/31/12 (the earlier of 11:59 PM ET or local) for flights from Boston, MA (BOS) to Aruba (AUA) on Tues., Wed. or Thurs. only between 9/5/12 – 10/18/12. Please note that fare is valid only for flights on Thurs. from 9/5 – 9/30/12 because there are no nonstop flights from BOS to AUA in September on Tues. or Wed. Fare is subject to availability; may not be available on all flights; may change without notice; must be purchased at time of reservation; and is one-way, nonstop, nonrefundable and nontransferable. Reservations made one week or more prior to a flight's scheduled departure may be canceled without penalty up to 24 hours after the reservation is made. First checked bag is free (weight and size limits apply). Fare does not include fees for oversized/overweight/extra baggage or other fees for products/services sold separately. To view baggage fees and other optional services and fees, please visit http://www.jetblue.com/legal/fees. $20 fee per person applies to fares (not Award Flights) purchased by phone or at an airport or ticket office. Cancellations/changes must be made prior to scheduled departure (otherwise all money for fare is forfeited); $100 change/cancel fee per person will apply, and for changes, there may be a fare adjustment. Cancellations receive JetBlue travel credit, valid for one year. Proper documentation required for boarding. Other restrictions apply; please visit http://www.jetblue.com/legal/flights-terms for detailed information.

New England's Best Kept Secret

NEW ENGLAND COLLEGE OF BUSINESS AND FINANCE

The rising cost of college tuition has been a concern in the United States for some time now. Top that with the current economic situation, the old adage of "saving for my college tuition" for most has become a dream.

A comparison of inflation statistics from the Bureau of Labor Statistics and the College Board reveals that since 1978, the cost of attendance at community colleges and 4-year public and private colleges and universities has tripled, with tuition increases rising at an average of double the general inflation rate.

In today's competitive business world, a college degree is extremely important, now more than ever. So what's the answer? Should you just accept the fact that you will need to go into debt, with thousands if not hundreds of thousands of dollars in student loans? Not so Fast!

New England College of Business and Finance (NECB) offers affordable online degree programs which have evolved over 100 years of educating successful business professionals - without breaking the bank. In fact, the reason NECB had been a secret is that it had historically been the preferred college by the banking and financial services industry which relied on the College to educate its workforce from tellers to senior management and which almost exclusively made up its student body. A few years ago the College decided to broaden its focus to the larger business community with excellent new programs, including the nation's first and only Master of Science in Business Ethics and Compliance. But, NECB never lost its commitment to providing affordable education and, in fact, in 2011 the U.S. Department of Education named NECB the most affordable private college in New England.

New England College of Business and Finance (NECB) is accredited by the New England Association of Schools and Colleges (NEASC) and licensed by the Massachusetts Department of Higher Education. NECB offers a range of undergraduate and graduate programs in general business and finance, and in various specializations. NECB was one of the region's first adopters of online academic delivery and fully comports with best practices established by the Council of Regional Accrediting Commissions. NECB students consistently rank programs and services at the College well above nationally normed benchmarks.

So there you have it. High quality online degree programs at an affordable cost. Does it get any better than that? Actually it does. For over a century, NECB has actively partnered with corporations to help them achieve their educational goals. A corporate partnership with NECB is the perfect way to extend additional education benefits to employees at no cost to the organization. Employees and immediate family members of NECB's partner organizations have access to preferred NECB tuition rates, which equate to about a 25% tuition reduction from NECB's already affordable rates.

So as you can see, NECB is truly one of New England's best kept secrets. For more information, visit their website at www.necb.edu. If you believe your company may be interested in a corporate partnership, call their Partner Development Team at 617-603-6900.

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CAMBRIDGE COLLEGE EARNS HIGH MARKS FROM UNDERGRADUATES

Cambridge College will be nationally known for providing quality, innovative and relevant higher education opportunities through a student-centered and participatory learning model that empowers our students, enriches our community and transforms the future.

-Cambridge College Vision Statement

Between March 15 and May 16, 2011, all degree-seeking, undergraduate-level Cambridge College students were invited to participate in an Adult Learner Inventory Survey developed jointly by Noel-Levitz and the Council for Adult and Experiential Learning (CAEL). This national survey was created to measure the unique needs of adult undergraduate students. It identifies the importance students place on various aspects of campus life, and measures their satisfaction levels. Among the items that Cambridge College students thought were important (and were most satisfied with) were:

- **"The faculty in my program are experts and scholars in their field."**
- **"My program allows me to pace my studies to fit my life and work schedules."**
- **"The learning experiences within my program of study challenge me to reach beyond what I know already."**
- **"My studies are closely related to my life and work goals."**
- **"My instructors respect student opinions and ideas that differ from their own."**
- **"Most instructors use a variety of teaching methods."**
- **"This institution has a diverse student body."**
- **"I have a clear understanding of what I'm expected to learn in my classes."**
- **"I am encouraged to apply the classes I've taken toward a degree or certificate."**
- **"I am able to obtain information I need by phone, fax, email, or online."**
- **"Processes and procedures for enrolling here are convenient."**

Cambridge College is nationally recognized for breaking down barriers in access to quality education. Students who have overcome great challenges have always been central to the College's mission and enjoy a great deal of mentor support. Additionally, the College has been recognized for serving the African-American and Latino communities in New England, and is committed to providing one of the lowest tuition rates among private universities and independent colleges in Massachusetts.

Cambridge College offers bachelor's degree (B.A. and B.S.) programs; master's degree (M.Ed and M.M.) programs in education, psychology, counseling, and management; and a doctor of education (Ed.D.) program in educational leadership, as well as certificates of advanced graduate studies (C.A.G.S.). Students may transfer up to 90 credits from regionally accredited institutions into undergraduate degree programs and 9 or more credits into a master's degree, depending on the program.

Discover Cambridge College for yourself at an information session on Tuesday, July 24th at 6:00 P.M. at the main campus, 1000 Massachusetts Avenue, Cambridge, between Central Square and Harvard Square on the Red Line. For those farther north, the Merrimack Valley campus at 60 Island Street in Lawrence will hold an information session on Tuesday, August 7th: drop in anytime between 4:00 and 7:00 p.m.

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Fixing an antique wedding band, helping a frantic homeowner who lost his keys, tuning the family piano or repairing a window in a Victorian triple-decker are jobs that require skilled and trusted professionals.

Emily Scott, a graduate of the jewelry making and repair program and now owner of a successful jewelry business, says "The most valuable aspect of the NBSS program was the intense, hands-on style of teaching. I wanted a skill-based career that produced tangible results and NBSS helped me achieve my goal."

Working full-time as a piano technician is fulfilling work for NBSS graduate Andy Reach. He reports that the NBSS program "provided exactly what was advertised -- skills and experience that could be directly applied to a piano-technology career – launching me on the fast track to attaining registered piano-technician status, which helped ensure a successful job search."

"If you like working with your hands, solving puzzles, working independently and helping people, you have the skills needed to be a locksmith" says Dave Troiano, head of the locksmithing program.

Visit www.nbss.edu to learn more about the school's eight full-time programs and continuing-education opportunities.

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Both programs are customized for the working executive and are based on a cohort model where students attend class at the Conference Center at Waltham Woods for 31 half-weekends (Friday night and Saturday), every other weekend over 17 months. The program includes a laptop computer, software, textbooks, case packets, breakfast, lunch and dinner, all coffee breaks and Friday night hotel accommodations at the Doubletree Guest Suites in Waltham, Ma.

The mission of the MMA MS programs is to give graduate students the knowledge and skills necessary to become creative problem solvers and in doing so provide current and prospective facility managers and emergency responders with the personal, interpersonal, and group skills necessary to craft and implement creative ideas and thus reduce the gap between good ideas and accepted practices.

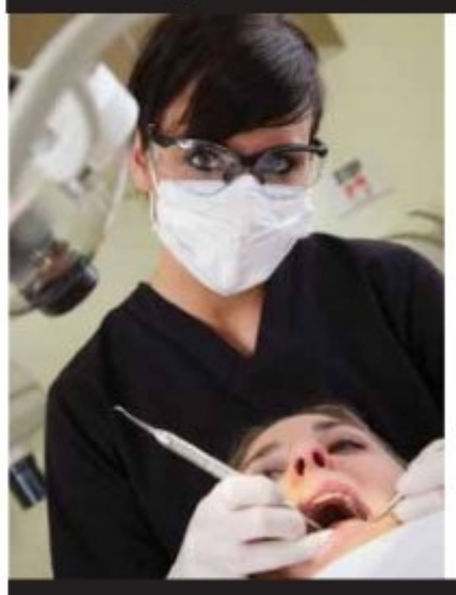
The programs forge home the idea that good ideas are not enough (everybody has one) and that implementation is what separates excellence in management and leadership from mediocrity.

If you would like to apply for entrance into next year's program beginning in the Fall 2011 send:

1. **A short (300 word max) statement of your professional objectives and how the program will help you meet them.**
2. **Your resume.**
3. **Your undergraduate transcript to jmcdonald@maritime.edu**

And then fill out the online application at: http://mxapps.maritime.edu/Grad-Application/

Boston University Henry M. Goldman School of Dental Medicine
Continuing Education



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Students turn life experience into class credits at Simmons College

The thought of going back to school (mastering new technology, participating in the classroom, finding a balance between work, life, and school) can be overwhelming for most people. Yet, now more than ever adults in the workforce are returning to college. Why? Recently, a noteworthy study from the Center on Education and the Workforce indicated that "people with a bachelor's degree make 84% more over a lifetime than high school graduates."* Those who seek to advance their career and increase their income are finding it necessary to obtain an undergraduate degree.

Simmons College understands the value of an education, and offers adult women over the age of 24 the chance to start or finish their bachelor's degree in a unique program that combines the liberal arts with professional preparation. Yet, Simmons also understands that work and life experience can be just as valuable as what's taught in the classroom, and therefore offers the Credit for Prior Learning (CPL) program, allowing students to earn academic credit (the equivalent of 6 college-level classes) for real-world learning. Simmons also has a liberal transfer credit policy, accepting up to 80 credits to be transferred from other institutions and/or earned through the CPL. These options not only reduce the amount of time it takes to earn a degree, they also help significantly cut down on the cost of tuition.

At Simmons, adult students comprise 15% of the undergraduate population and are an integral part of the community. In fact, adult students often achieve higher grade point averages than traditional students, and thrive within the intimate classroom setting where faculty know their names and act as mentors. Simmons also offers an abundance of res ources to ensure student success, ranging from the Writing and Peer Tutoring Center to the Technology Resource Center to the Career Education Center, and much more.

Students who graduate from Simmons increase their market value not just because they have a college degree, but because they have a degree from a highly ranked, prestigious university. In fact, Simmons consistently ranks in the *U.S. News & World Report* annual survey as well as the Princeton Review's *Best 376 Colleges.*

Each month Simmons offers an Adult Student Information Session, where prospective students can learn more about applying to Simmons and completing their degree. Those interested can register online at www.simmons.edu/dix or call 800-345-8468.

www.simmons.edu/dix

*The Center on Education and the Workforce, 2011 "The College Payoff"

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Attention Adult Students

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LEARN FOR YOURSELF

Stop by our next information session on Thursday, July 19, 2012 to learn how Simmons College can help you get your career on a winning path. One smart step at a time.

When: Thursday, July 19, 5:30 pm

Where: Simmons College, Office of Undergraduate Admission, Main College Building

To Register: Please call 617.521.2051

BEST COLLEGES U.S.News REGIONAL UNIVERSITIES NORTH 2012

Still Accepting Applications for Fall 2012

617.521.2051 ▪ www.simmons.edu/adult

Passion Comes to Life at The Cambridge School of Culinary Arts

Where are you happier—behind a desk, or in the kitchen? Have you always felt that you were born to file and fax, or might your true calling involve something a bit more expressive? If food is your passion, pursue your new career at The Cambridge School of Culinary Arts.

Established by Chef Roberta Dowling in 1974, The Cambridge School of Culinary Arts seeks to stimulate the senses as it helps students discover beauty and complexity within the world of food. Students are encouraged to explore all aspects of fine food and its preparation as they learn to produce dishes that demonstrate technical and scientific mastery. The education received at The CSCA provides each student with a lasting legacy of culinary knowledge that reflects common sense, diversity of culinary expression, and above all—the notion that food is a celebration of life.

Four unique program offerings make up the curriculum at The CSCA: the 37-week Professional Chef's and Professional Pastry programs, as well as the 16-week Culinary Certificate and Certificate Pastry programs. All programs place strong emphasis on both modern and classical culinary techniques and are taught by a talented staff of chef instructors from around the world. Pastry classes are highlighted by the addition of instructor and Program Director Delphin Gomes, New England's only French Master Pastry Chef. A flexible day and evening schedule allows students to work full- or part-time while attending, and class size is limited to allow for intimate, hands-on instruction. Applications for September enrollment are now being accepted for all programs.

In addition to culinary training programs, The CSCA offers an extensive recreational program for food enthusiasts. These one-time classes cover a wide range of subject matter and are designed to introduce the amateur chef to the world of specialty cooking. Whether you want to impress your friends and family with a gourmet meal, perfect your pie crust, or discover the secrets of a well-seasoned sauce—there are classes to meet every need.

The CSCA is offering its first-ever Food Writing Workshop during the week of August 6, 2012. Our award-winning instructor Susan G. Purdy will lead participants through food writing exercises for publication, blogs, cookbooks, and menu writing/restaurant reviews. Details at www.cambridgeculinary.com.

The School is hosting an excursion to Spain in September. Led by CSCA chefs Roberta Dowling and Gerard Lopez the trip visits Barcelona, Pamplona, the Basque Coast, and other towns in the Basque region. Details at www.cambridgeculinary.com.

The CSCA is currently accepting applications for all September 2012 certificate and professional programs. For more detailed information about these and many other program offerings, or to sign up for an Information Session on the evening of Thursday, July 26th at 6:00pm, please visit **www.cambridgeculinary.com or call 617.354.2020.**

The Cambridge School *of* Culinary Arts

Now Accepting Applications for All September 2012 Programs

Classes begin September 4th!

Turn Your Passion into Your Career!

- Culinary Certificate Program
- Certificate Pastry Program
- Professional Chef's Program
- Professional Pastry Program

Join Us at Our Upcoming Information Session on Thursday, July 26th at 6:00pm

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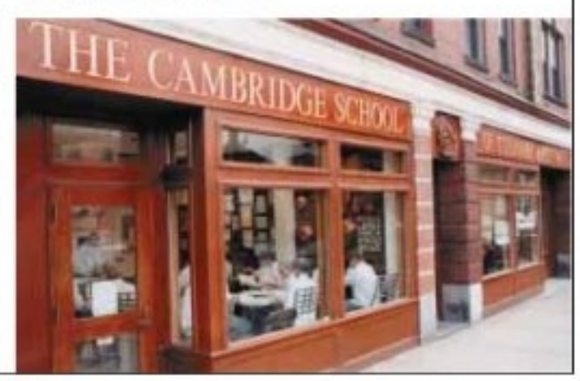

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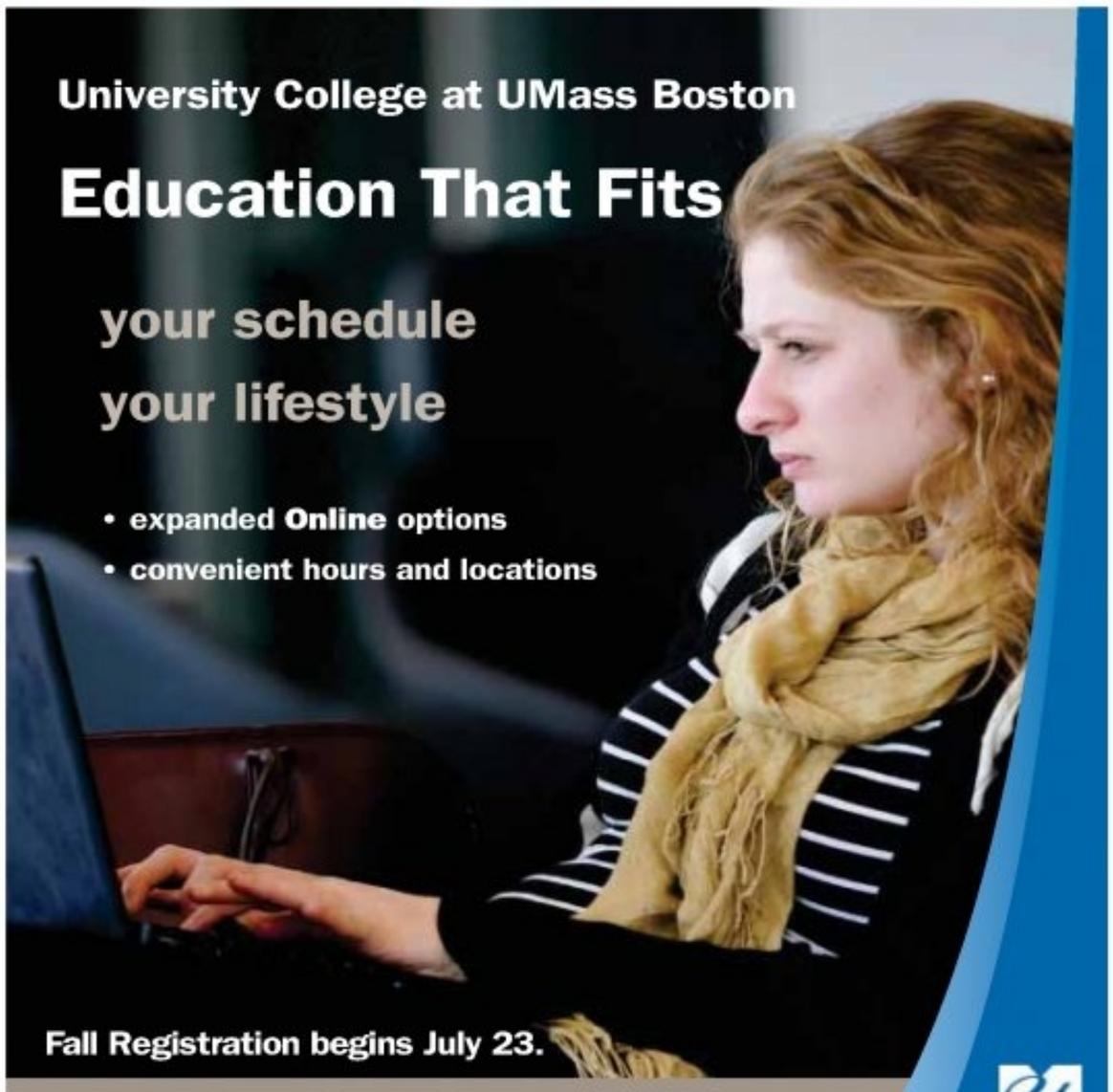

Fall Registration begins July 23.

Find the course, certificate or degree that fits:
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UMASS BOSTON

Is your typical day something like this?

You're off to your job after making sure the kids are at school or camp, fitting in the business meetings, walking the dog, and catching up on email. Or maybe it's up at dawn for your daily run - and you keep running until day's end to fit in everything that's on your to-do list.

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Learn new skills, enhance those you already have, or perhaps begin a new path at University College. The possibilities, like the challenges you face everyday, are endless.

At University College, we are committed to advancing your possibilities. Check us out. The best time is now – the best place is University College at UMass Boston.

uc.umb.edu/metro

"Many things stand out about the program, but if I had to identify only one, it would be the practical work in the classroom. The professors were seasoned interpreters, and their talent with languages was especially beneficial. I took the program to further my career and I have been very happy with the outcome so far."

— EDUARDO KRAUSER, language consultant; BU certificate awarded 2010

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If you are able to speak, read, and write English in addition to Chinese, Portuguese, or Spanish, we invite you to apply for admission to the Community, Legal & Medical Interpreting program at Boston University's Center for Professional Education—and to gain entry to this highly regarded profession.

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Medical Interpreting: Covers hospital protocols, medical and anatomical terminology, and ethical/privacy requirements for interpreter work in clinics, medical centers, and hospitals.

Why Study Interpreting at Boston University?
Five reasons that Boston University's Community, Legal & Medical Interpreting program is the most highly regarded in New England:
- Language-specific classes—instruction is bilingual and in one language pair only.
- Selective recruitment—examinations are required to demonstrate fluency in both languages.
- Comprehensive program—curriculum covers grammar and usage in each language, translation and internet study skills, interpreter technique, memory enhancement, vocabulary building, and linguistic awareness.
- Attention to ethical standards—provides a thorough grounding in the professional responsibilities by which interpreters are bound.
- Excellent faculty—drawn from the most highly qualified, senior interpreters and interpreter-trainers in Massachusetts.

To learn more about the Community, Legal & Medical Interpreting program at Boston University's Center for Professional Education, please call 866-633-9370 or 617-353-4497, or visit **bu.edu/professional/N162.**

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For further details on programs offered by the Center for Professional Education please visit bu.edu/professional.

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3

Good day, bad day

Good day
Running back Matt Forte is about to get P-A-I-D.

Forte reached a four-year deal with the Bears worth a reported $32 million yesterday after Chicago had placed the franchise tag on him in March.

Forte was selected to the Pro Bowl last year with 1,487 yards from scrimmage.

Bad day
Brent Lillibridge, who was acquired by the Red Sox from Chicago in last month's Kevin Youkilis deal, has been designated for assignment by Boston. The move was made to make room for Carl Crawford. Lillibridge went 2-for-16 with no RBIs and five strikeouts in 10 games played.

Celtics fans will quickly love JET

Dallas head coach and former Celtic, Rick Carlisle, talks Terry Will be key to replacing Allen's shooting Ready, willing to come off bench

GETTY IMAGES

▶ Jason Terry has been, arguably, the top sixth man in the league the past few years.

It may be hard to believe right now, but it won't take long for Boston to get over the loss of Ray Allen.

Jason Terry will play a huge role in that.

While the C's have yet to officially sign Terry (they're trying to work a sign-and-trade with Dallas that would free up more cap space) he's going to be on the roster one way or the other. Terry's been arguably the best sixth man in the NBA over the last five seasons and that doesn't look to change once he arrives in Boston.

Mavericks coach Rick Carlisle knows better than anybody how vital Terry can be to the C's success.

"He's a great all-around player," Carlisle said to Metro Boston in Las Vegas. "He's a great crunch time player. He's been one of the better fourth quarter scorers in the league in recent years. He's one of the best game closers.

"The Celtics are getting a diversely talented and skilled veteran player that's got a lot left in the tank."

He's more than two years younger than Allen, has been a more polished NBA player over the last five years than Allen has, and he's been virtually injury free for his entire 13-year career.

And according to Carlisle, Terry's influence off the court is just as strong.

"He's great in the community," Carlisle said. "He's a great family guy. He'll be coaching his daughter's AAU teams up there. He'll be involved. He's just a guy that stands for the right things and is about the right things. Boston has gotten themselves a terrific player and a terrific person."

The Mavericks focused much of their offseason attention toward Deron Williams. When the deal fell through, it was clear the team was going in a different direction than what Terry was interested in. He wanted a multiyear deal; Dallas was not willing to fill more cap space.

"It's always hard to see great players and great friends leave, but it's a business of dynamic change and you've got to adjust," Carlisle said.

That "dynamic change" can only be good for the Celtics.

JIMMY TOSCANO
sports@metro.us

Summer Celts

The Celtics began play in the Vegas summer league yesterday against the Hawks.

The Hawks jumped out to a lead early in the first quarter, but the summer C's snapped out of it and turned things on later that quarter. They took a 23-16 lead into the second quarter and never looked back, beating Atlanta, 87-69.

Jared Sullinger scored 14 points and Celtics hopeful Dionte Christmas finished with 11 points.

"We came out a little sluggish, but at the end we played Boston Celtics basketball and won the game," **Christmas said.**

GETTY IMAGES

▶ Tom Brady, exception to the rule.

The cold, hard football facts

A look at the NFL offseason through the eyes of the stat experts at Coldhardfootballfacts.com:

Key to the Super Bowl: First-round quarterbacks
The impact on franchise fortunes with quarterbacks drafted in the first round is stunning. CHFF contributor Jeff Hunter found that QBs who joined the NFL since the AFL-NFL merger in 1970 have made 67 Super Bowl starts. Over half of those starts (36) were made by QBs drafted in the first round; 19 of the starts (28 percent) were by QBs drafted No. 1 overall. This impact is good news for the Colts, Redskins, Dolphins and Browns: each team drafted QBs in the first round this year. Expect to see a couple of those teams in the Super Bowl soon.

QB Super Bowl starts by draft round
No. 1 overall – 19 starts
1st round – 36 starts
2nd round – 5 starts
3rd round – 8 starts
4th round – 4 starts
5th round – 0 starts
6th round – 8 starts
7th round/later – 2 starts
Undrafted – 4 starts

Ffchamps.com Impact Player: Andre Johnson, WR, Houston
Johnson underwent arthroscopic surgery on his right knee in May and expects to be ready for training camp after sitting out OTAs. Johnson is an unstoppable force when healthy. But he has had trouble avoiding injuries throughout his career and missed nine games last season. Johnson's talent is very appealing, but fantasy GMs must weigh the risk of injury before they invest in him with a premium draft pick.

AL BELLO/GETTY IMAGES

▶ Ryan Lochte will be shooting for gold when the 2012 Olympic Games begin a week from Friday.

Down with Lochte

Metro goes one-on-one with Olympic swimming star just prior to the start of the London Games Considered to now be the best in the world

For the gold

CASSANDRA GARRISON
CASSANDRA.GARRISON@METRO.US

London, here we come! As part of Metro's ongoing coverage leading up to the 2012 Olympic Games in London later this month, we're introducing readers to the athletes who will be representing the United States. This week, we interview swimmer Ryan Lochte — the name to know this summer.

A six-time Olympic medalist and holder of three world records, the Canandaigua, N.Y., native is considered among many to be the best swimmer in the world. The 27-year-old has been building superhuman speed since the 2008 Olympics, where he won two gold medals but also finished behind Michael Phelps and Hungarian swimmer Laszlo Cseh in two individual events.

What's the one thought that has been running through your mind most as you prepare for London?

I know that I have trained well for London, so I am feeling pretty confident as far as my training goes. Everyone else is going to bring their best game, so I guess I have to say that focusing on being the best swimmer in my events has been running through my mind mostly.

Do you have any lucky charms or superstitions you stick to before an event?

No, I do not have any superstitions or lucky charms before an event. At home, I would say that my dog, Carter, is my lucky charm though!

What's your pre-event ritual? Any songs you like to listen to?

I have rituals as far as what I eat when I compete and train. I use the Gatorade Prime, Pro Recover, G-Fit, Pro Energy Chews and Protein Recovery Shakes. I would have to say without those as part of my ritual of training, I would not be the athlete I am today.

Songs that I like to listen to: Lil Wayne "Sky's the Limit," by DJ Khaled, Kanye West and Rick Ross; Drake's "I Wish you Would"; French Montana's "Pop That"; Drake's "Made" and Lil Wayne's "Shine." I love Abraham Lincoln and Albert Einstein quotes.

What's your favorite meal before a competition?

A salad with some protein.

– Cassandra Garrison is covering the 2012 Olympic Games live from London. Follow her coverage at @CassieAtMetro and at www.metro.us.

Patriots can't reach extension for Welker

It looks as though the Patriots and wide receiver Wes Welker are set to play contract chicken for the foreseeable future.

New England and Welker were unable to reach an agreement on a longterm extension prior to yesterday's NFL deadline and one of Tom Brady's favorite targets will now play the 2012 season under the franchise tag of $9.5 million.

Welker has shown no signs of slowing down as he is coming off the best season, numbers-wise, of his career.

Welker caught 122 balls for 1,569 yards, racked up 77 first downs and scored nine touchdowns in 2011. METRO

31 Wide receiver Wes Welker is 31 years old. He joined the Pats in 2007 after a three-year stint in Miami.

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There is no cost to you to participate in the study. Compensation is available for transportation and parking. All inquiries are confidential.

1 -866-44-WORRY or anxietystudy@partners.org

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- Have a BMI between 20-35 kg/m2
- Are not a vegetarian
- Have eating habits that meet study criteria
- Do not have gastrointestinal problems

And you are willing to:

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Contact : **617-754-1224** or NAPLS.Study@gmail.com

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Other criteria will be assessed by the study doctor if you decide you want to participate.

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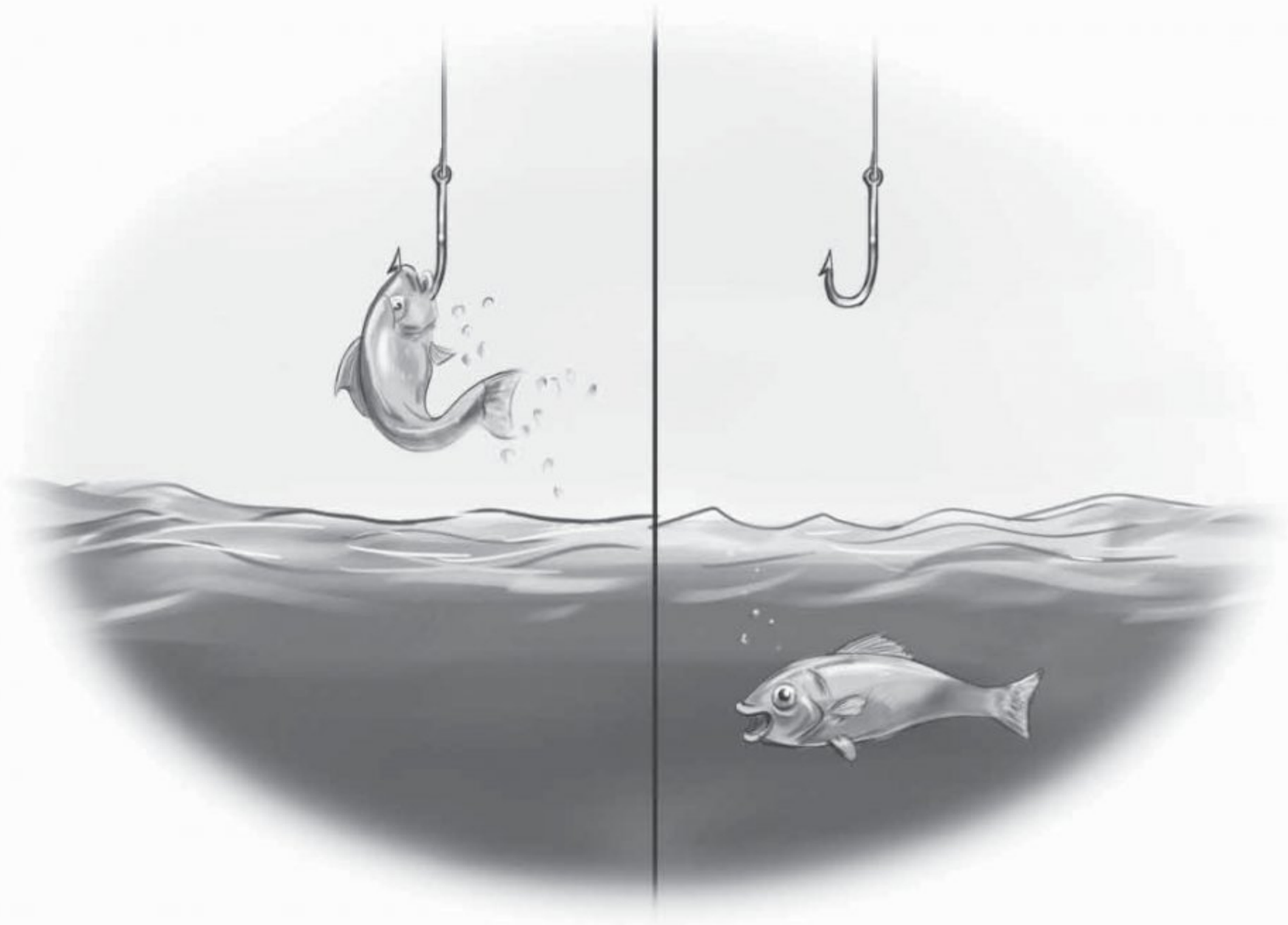

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